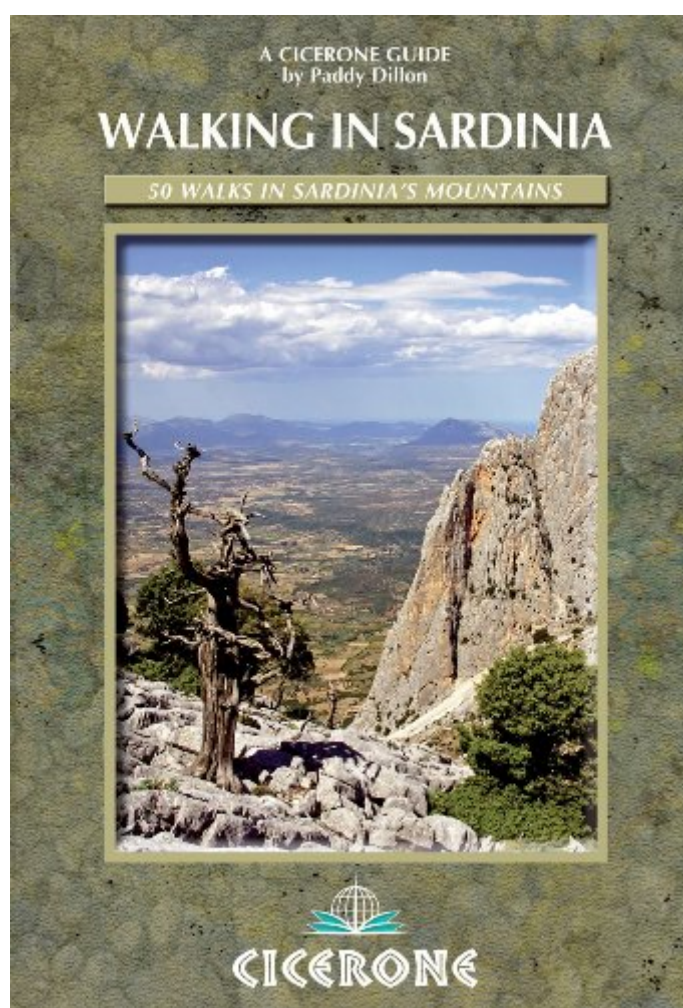


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# Walking In Sardinia: 50 Walks On The Ogliastro Coast, Supramonte And Gennergentu Mountains (Cicerone Guides)



## Synopsis

This guide to 50 day walks in the mountainous north east of Sardinia, includes a mixture of walks exploring the limestone Ogliastra coast, the Golgo plateau, the barren Supramonte, the wild granite mountains of Genneragentu and Punta La Marmora. Many of the walking routes are tough, involving some scrambling, while other routes are more suited to less experienced walkers. Sardinia's intricate network of paths offer a wide range of challenges and a long, sunny walking season. This guide covers the highest and wildest parts of the island, in an area once proposed for a national park, using both recently waymarked trails and lesser-known shepherd's tracks. The route descriptions are illustrated with the author's own detailed contour mapping and photography and backed up with a glossary of both Sard and Italian words and phrases, as well as detailed information about local public transport services and accommodation services.

## Book Information

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## Customer Reviews

I got the electronic and paper version. The paper version is small and light enough to pack if needed. The maps should be supplemented as recommended in the book, but this is a great starting place for hiking in Ogliastra. Read carefully as the trails can be difficult to follow due to rock

slides, etc. We had some trouble spotting cairns in spots and got through with good luck spotting cairns. The narrative was helpful in navigation but the maps are very basic. This is also entertaining reading for virtual hiking too.

We didn't have the opportunity to test many of the walks however the one that we did do, this book was very accurate in the length, the description, and the hardness or easiness of the walk. We had the same hike described in the lonely planet travel guide where it was described as a walk that was family-friendly. In fact the "walk" was about 2200 feet vertical where one of the hikers had to be airlifted out after severely breaking an ankle on the very rough, limestone short, extremely steep path. If you go to Sardinia and you like to hike get this book and spend time in the mountain region that this book focuses on. It is absolutely gorgeous.

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